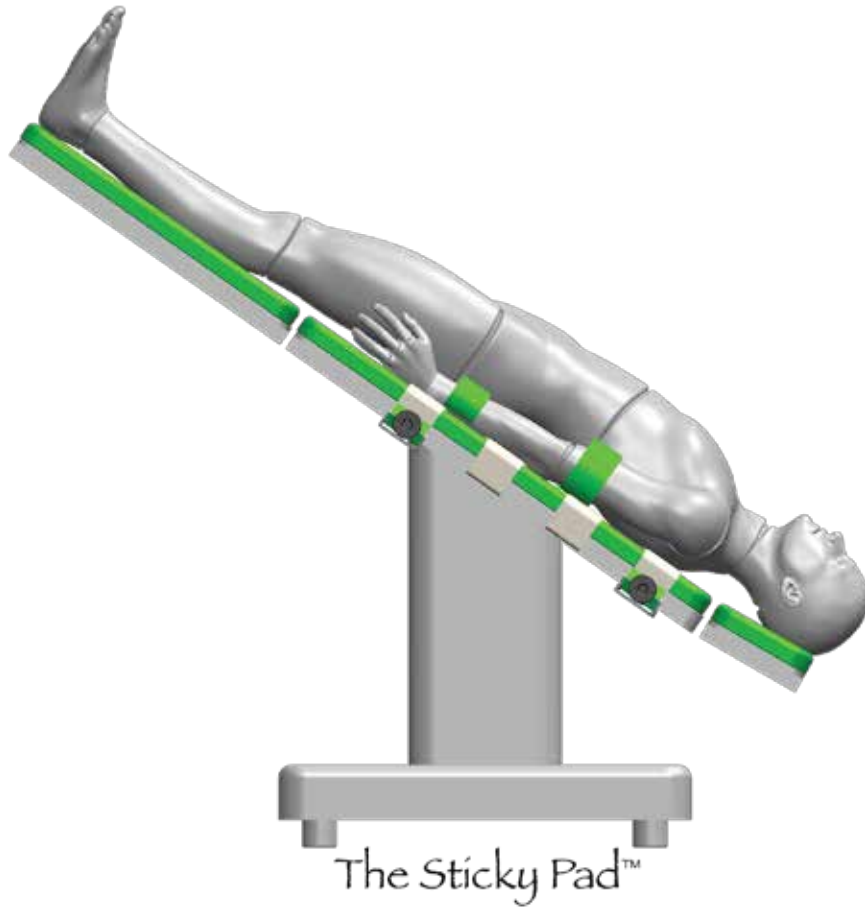


**Estape**

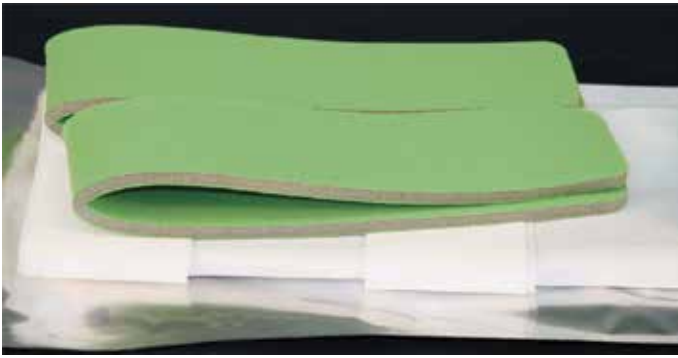
**TrenMAX<sup>®</sup>**

*Trendelenburg Positioner*

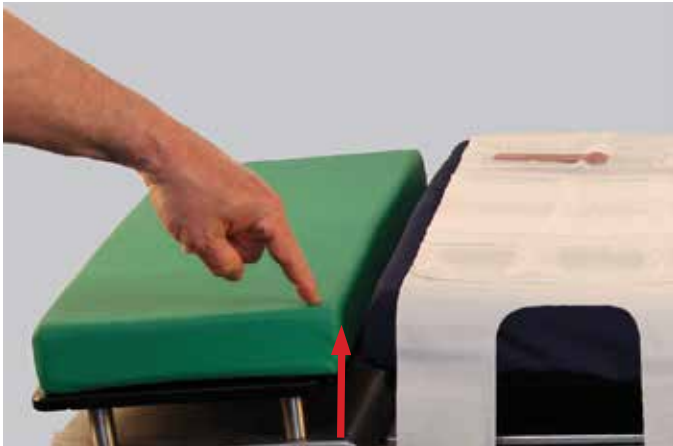


# Instructions For Use

Trendelenburg Technique ~ Non Stirrup



1. Remove the pads from the package and place the Green Pads on a back table.



*Head Pad*

2. Open the White Base Pad and position the proximal edge of the TrenMAX® Pad on the proximal edge of the Center Pad (next to the Head Pad) of the OR table.

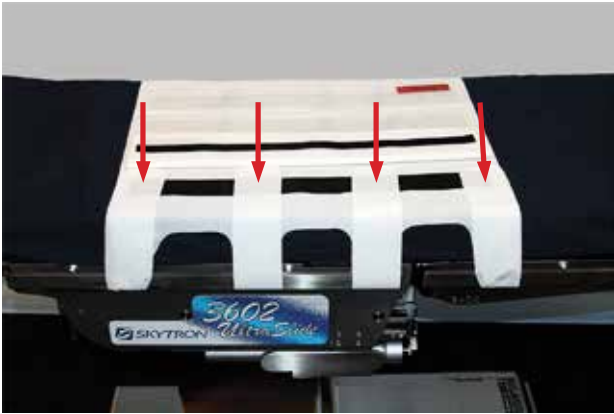


3. Position the White Straps between the OR table and the side rail.



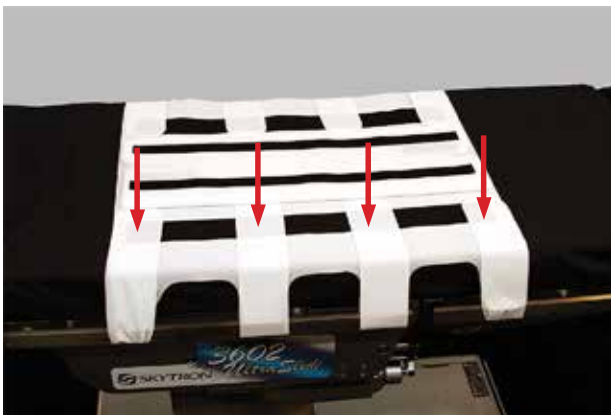
4. Lift *The Sticky Pad* exposing the Black Hook Material and attach the White Strap to the lower Black Hook.





5. Attach all four (4) Straps on one side.

6. Attach all four (4) Straps on the opposite side by pulling and tensioning the Strap indenting the table pad, then pull the White Strap up and attach to the lower Black Hook. Proceed to the other side and tension those straps.



Lower the top flap on both sides.

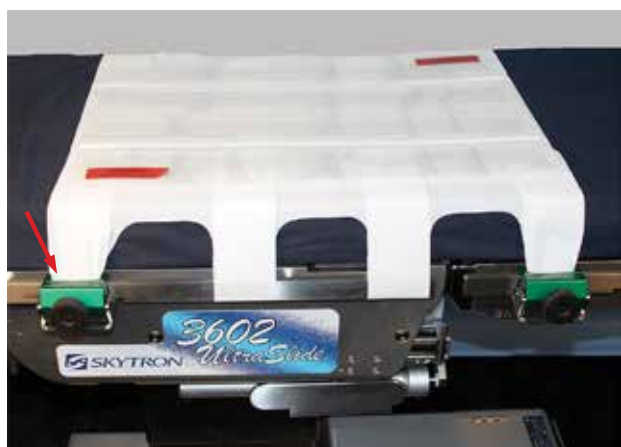




7. On the opposite side from the patient transfer, attach the TrenMAX® Clamp over the proximal Strap, by attaching Clamp over one side of the Strap and then the other.



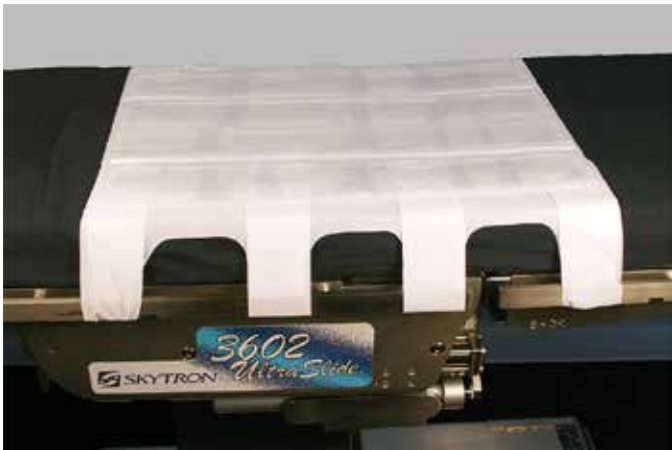
8. Seat the Clamp jaws over the Strap and side rail while holding the Pivot Bar, then seat the Pivot Bar over the side rail and tighten Knob.



9. Attach another TrenMAX® Clamp to the distal Strap on the same side.



10. Remove the caution stickers before transferring the patient.



Then transfer the patient on the side of the OR table *without* the Clamps using a draw sheet.



11. Attach the remaining two TrenMAX Clamps to this side of the OR table, remove draw sheet.





12. Lift the patient's shoulder and peel the Protective Plastic Sheet off *The Sticky Pad*. Repeat on the other shoulder.



13. Lift the Pad and Hook and attach the Green Foam Arm Strap to the Upper Black Hook, positioning the two (2) Straps proximal and distal to the elbow.



14. Loop the Green Foam Arm Strap over the arm and attach it to the Black Hook Material on the lower Pad.

15. Attach all four (4) Green Foam Arm Straps in the same fashion. For ease of use, attach the Strap over the biceps first on each arm.



**Bariatric Option**  
Arm Extension Straps For Obese Patients  
**Biceps "Arm Only" Strap**



1. Lift the Pad and Hook and attach the Green Foam Arm Strap to the Upper Black Hook on Biceps of arm region.



2. Open the Extensions and remove the Black Hook from one end.





3. Place this Black Hook next to the other existing Black Hook and attach the Extension Strap to the Green Foam Arm Strap.



4. Attach the Extension Strap to the bottom Black Hook.





16. Proceed to positioning the patient in Trendelenburg.



TrenMAX® Trendelenburg Technique ~  
Standard Non-Stirrup

## Upon conclusion of the procedure ~



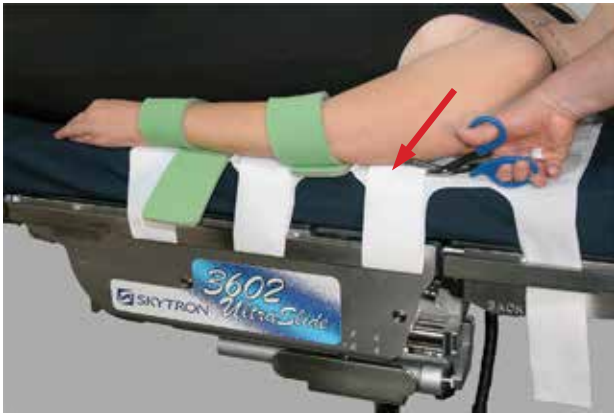
17. To transfer the patient using a **Transfer Board**, cut the four (4) Green Foam Arm Straps.

Roll the patient and insert the transfer board.



Transfer the patient.





18. To transfer the patient utilizing the TrenMAX® Pad, cut the outer portion of all the White Straps at the top.

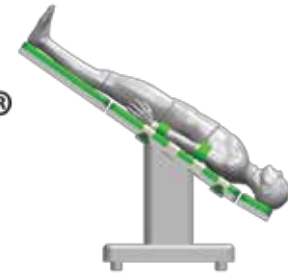


19. With the White Straps above the stretcher, grab all four (4) Straps on each side and transfer the patient to the stretcher.

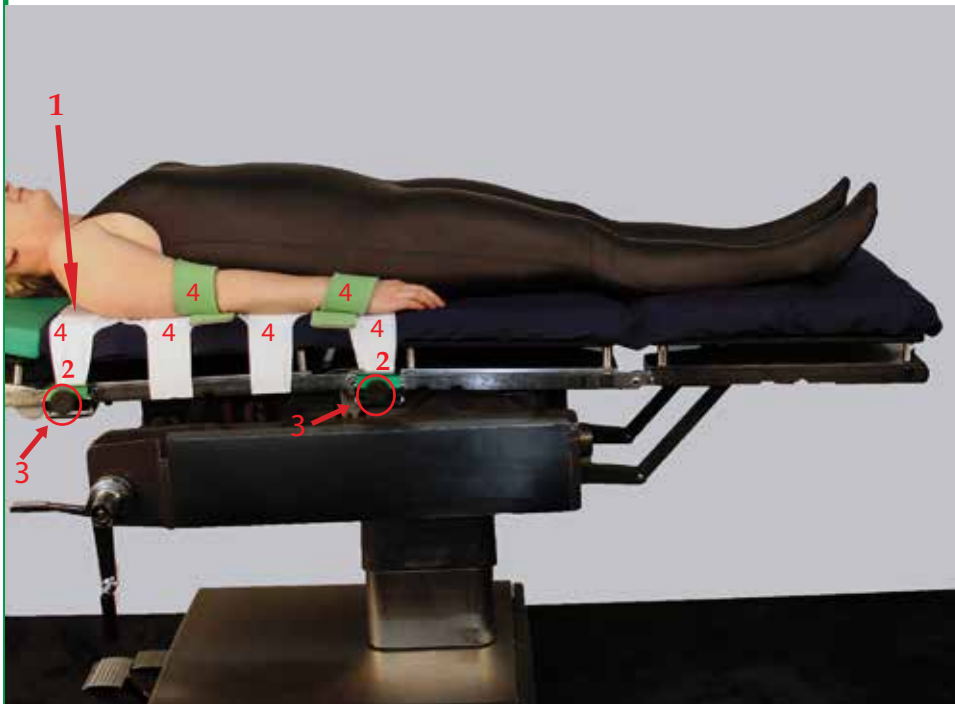


# Estape TrenMAX<sup>®</sup>

Trendelenburg Positioner



## Set Up Test Procedure



1 ~ Ensure that the Protective Plastic Sheet has been removed exposing *The Sticky Pad*.

2 ~ Check that the White Straps are taut and there are a minimum of 2 TrenMAX<sup>®</sup> Clamps on each side of the OR table.

3 ~ Ensure TrenMAX<sup>®</sup> Clamps are tightened with the Locking Knobs.

4 ~ Check to ensure all Hook and Loop Straps are secure.



Designed in conjunction with Ricardo Estape, M.D. Miami FL  
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 TrenMAX<sup>®</sup> Clamp ~ PATENT APPLIED FOR  
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